

To you, caring adult,

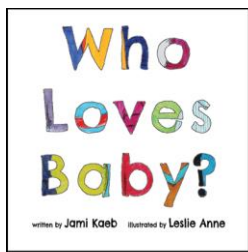
Thank you for being one of the many people in your child's life who loves them dearly.

We hope this resource will celebrate their life and serve as a record book for them to keep and look at for many years to come. We recognize that you might not be able to fill out each page entirely, but we hope it brings your child a better understanding of their story and allows for further conversation.

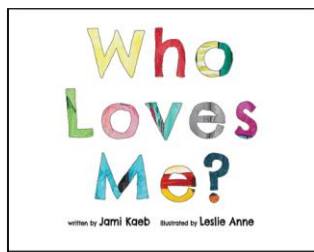
Feel free to take out any pages that aren't helpful, add in the bonus lined or framed pages, and encourage your child to write or draw out their feelings. The goal is to give your child their very own book filled with the many people in their life that love them, including you! God is using you in this precious child's life.

Thank you for the many ways you celebrate and love them!

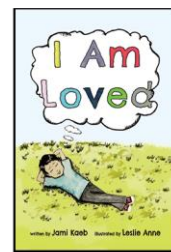
Jami Kaeb



[0-3 years]



[3-7 years]

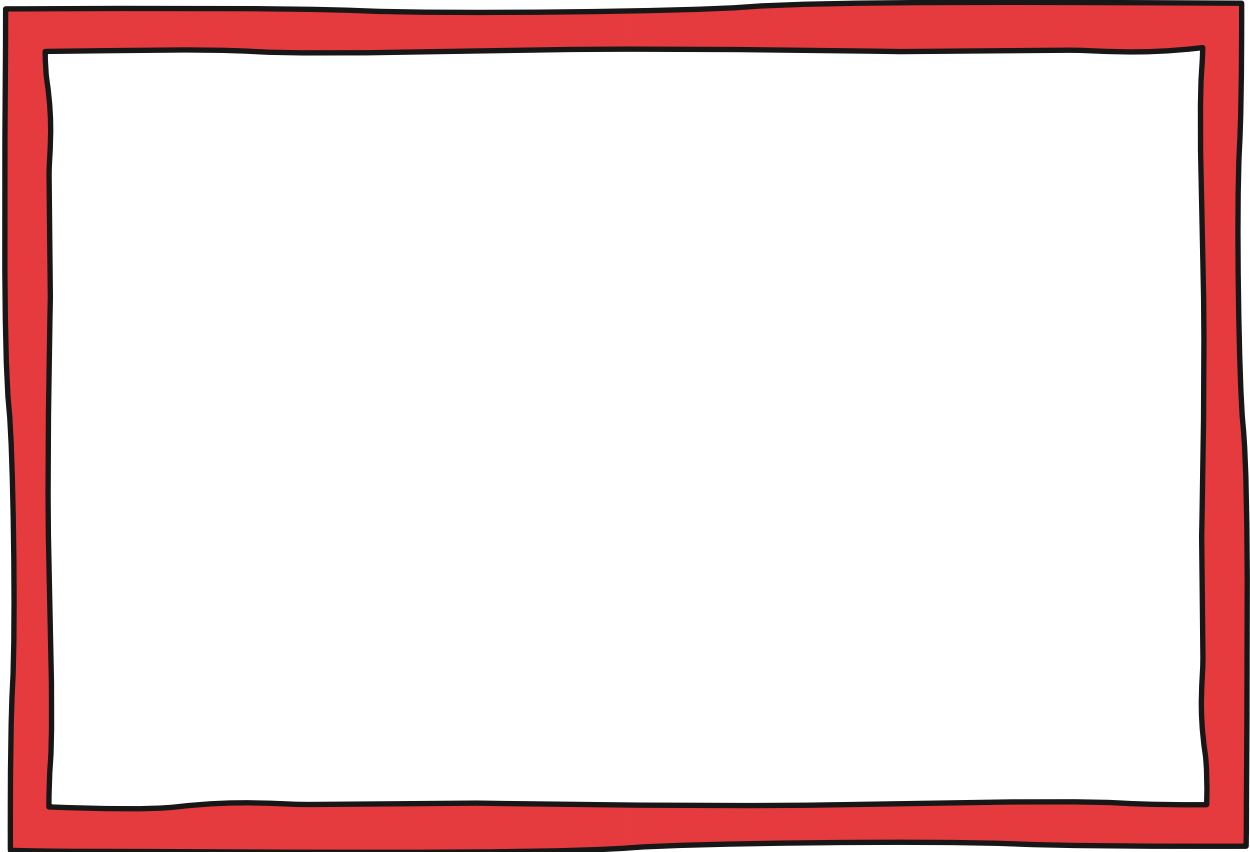


[7-10 years]

This resource is part of the *Who Loves* series designed specifically for children in foster care ages 0–10.

Visit www.wholovesseries.org for more information on this series.

I am Loved

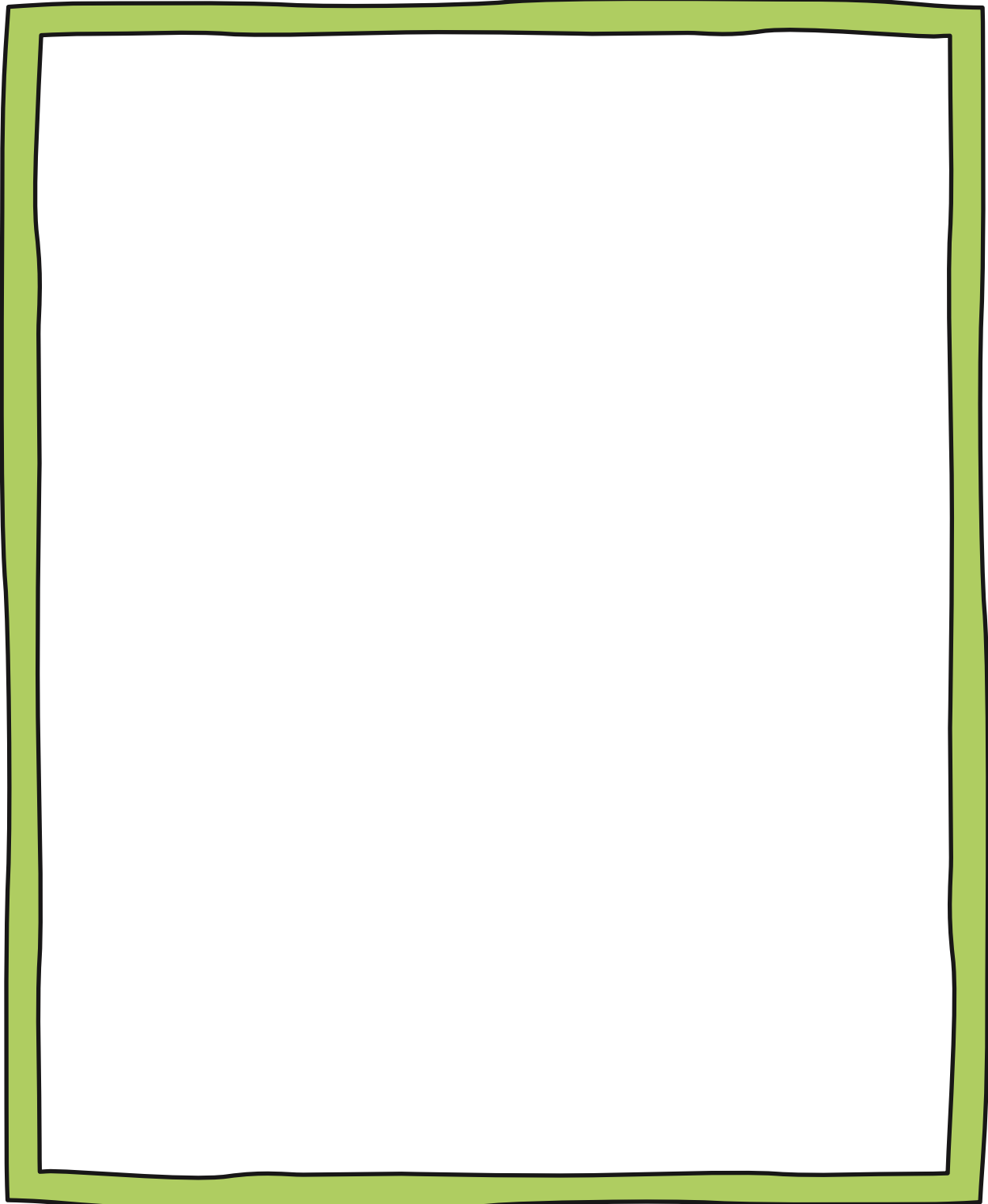


That's Me!

I'm currently _____ years old!

I have a whole lot of people in my life that love me!

I was loved as a baby!



I was born on _____ at _____.

(date)

(time)

I weighed _____ pounds _____ ounces and

was _____ inches long!

I arrived:

Early—I couldn't wait any longer!

Right on time.

Late—They thought I'd never come!



Everyone at

(hospital)

in _____ thought I was one cute baby!
(town & state)

I went home from the hospital with _____.
(names)

My name...

My parents chose the name _____ for me.
(full name)

Do you know why they chose that name?

They loved me so much to give me my name!

Even though it wasn't my real name, people also called me

_____.

(nicknames)

Nicknames are kind of fun!

Firsts for
me!

Date



Smiled

Laughed

Rolled Over

Sat Up

Crawled

Slept through the night

Said my first word

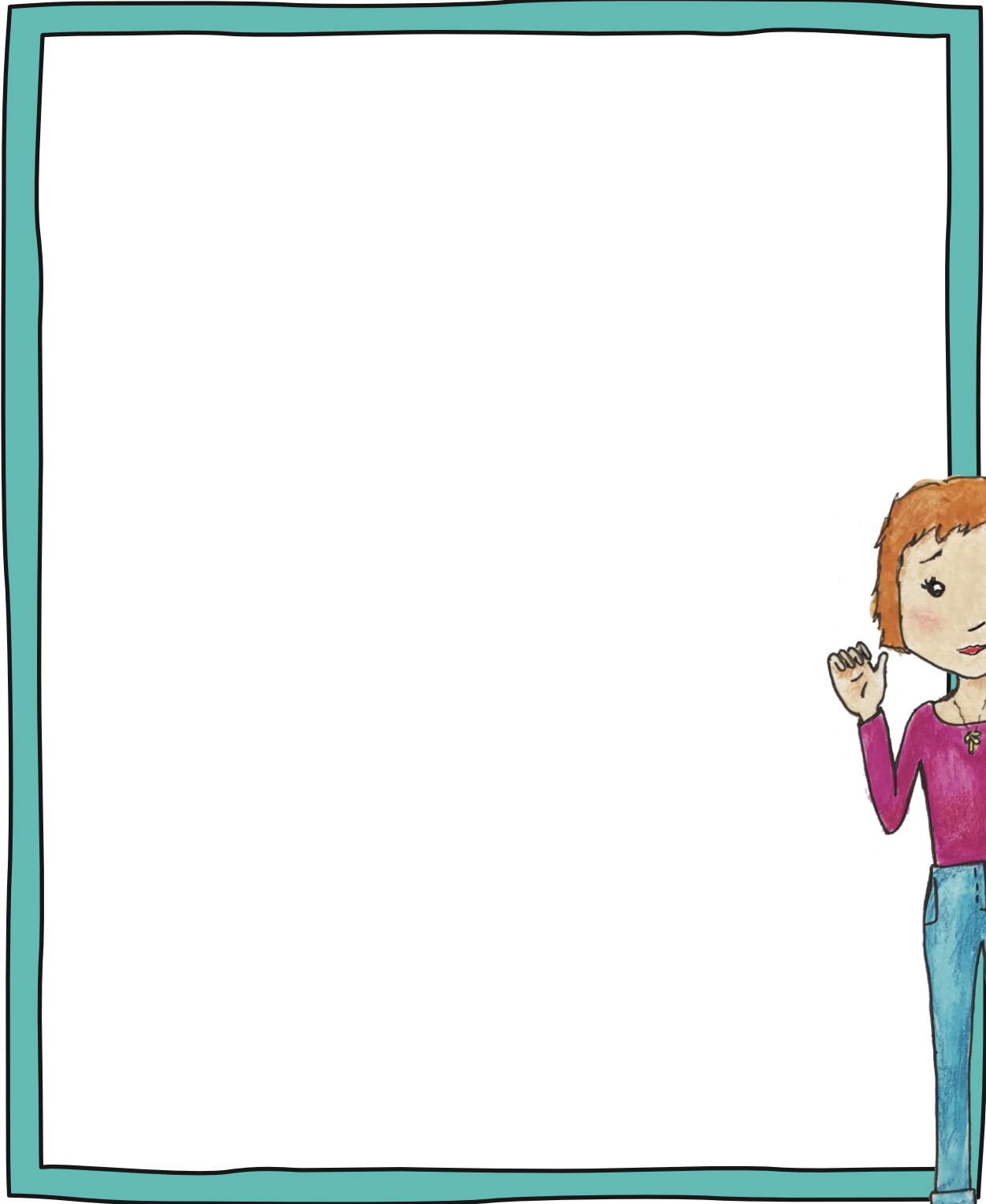
Took my first step

Tried my first real food

Got my first tooth _____ Had my

first hair cut

My mommy loves me.



My mommy's name is:

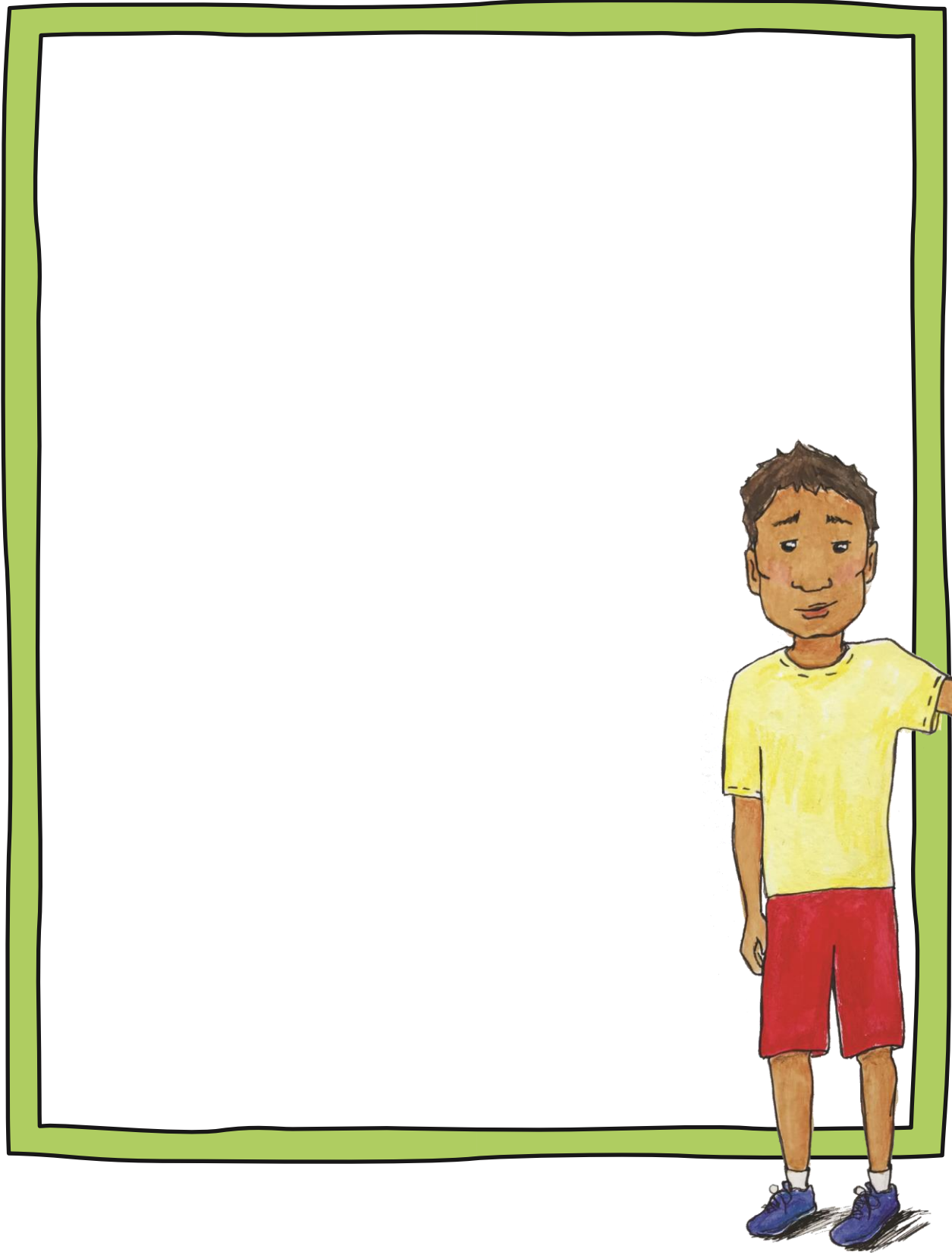
Her birthday is:

She was born in:

Something she's good at:

I think I inherited this from her:

My daddy loves me.



My daddy's name is:

His birthday is: _____

He was born in: _____

Something he's good at:

I think I inherited this from him:

Even though I don't live with them, I know my mommy and daddy love me.



I was age _____ when I had to move homes and could no longer

stay with my mommy or daddy.

I don't live with them because:

I wish that:

I want my mommy and daddy to know:

I have questions about:

My sister loves me.



My sister's name is:

Her birthday is: _____

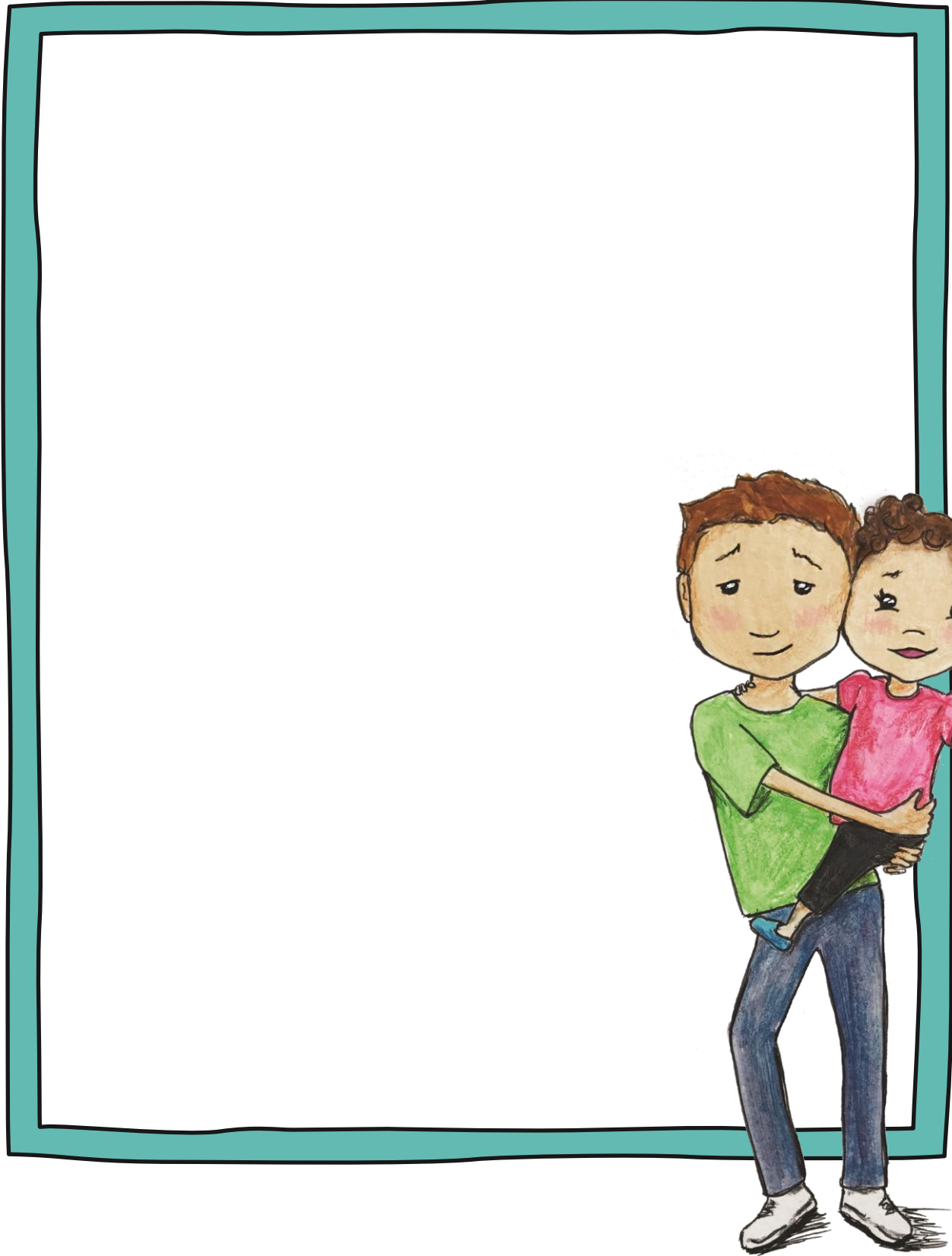
She was born in: _____

Something I love about her:

Things we like to do when we're together:

My sister currently lives:

My brother loves me.



My brother's name is:

His birthday is: _____

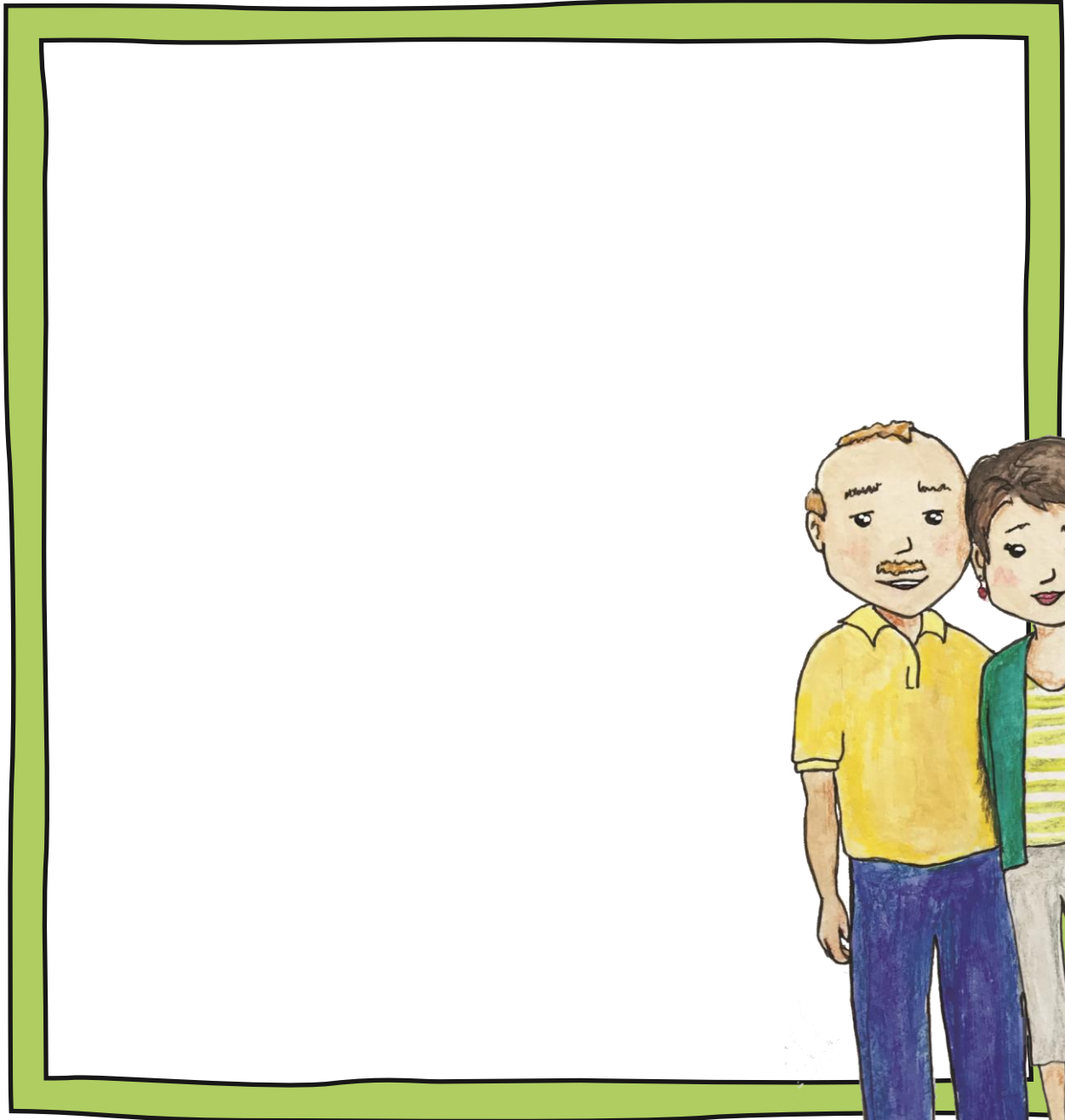
He was born in: _____

Something I love about him:

Things we like to do when we're together:

My brother currently lives:

My grandma and
grandpa—my mommy's mom
and dad—love me.

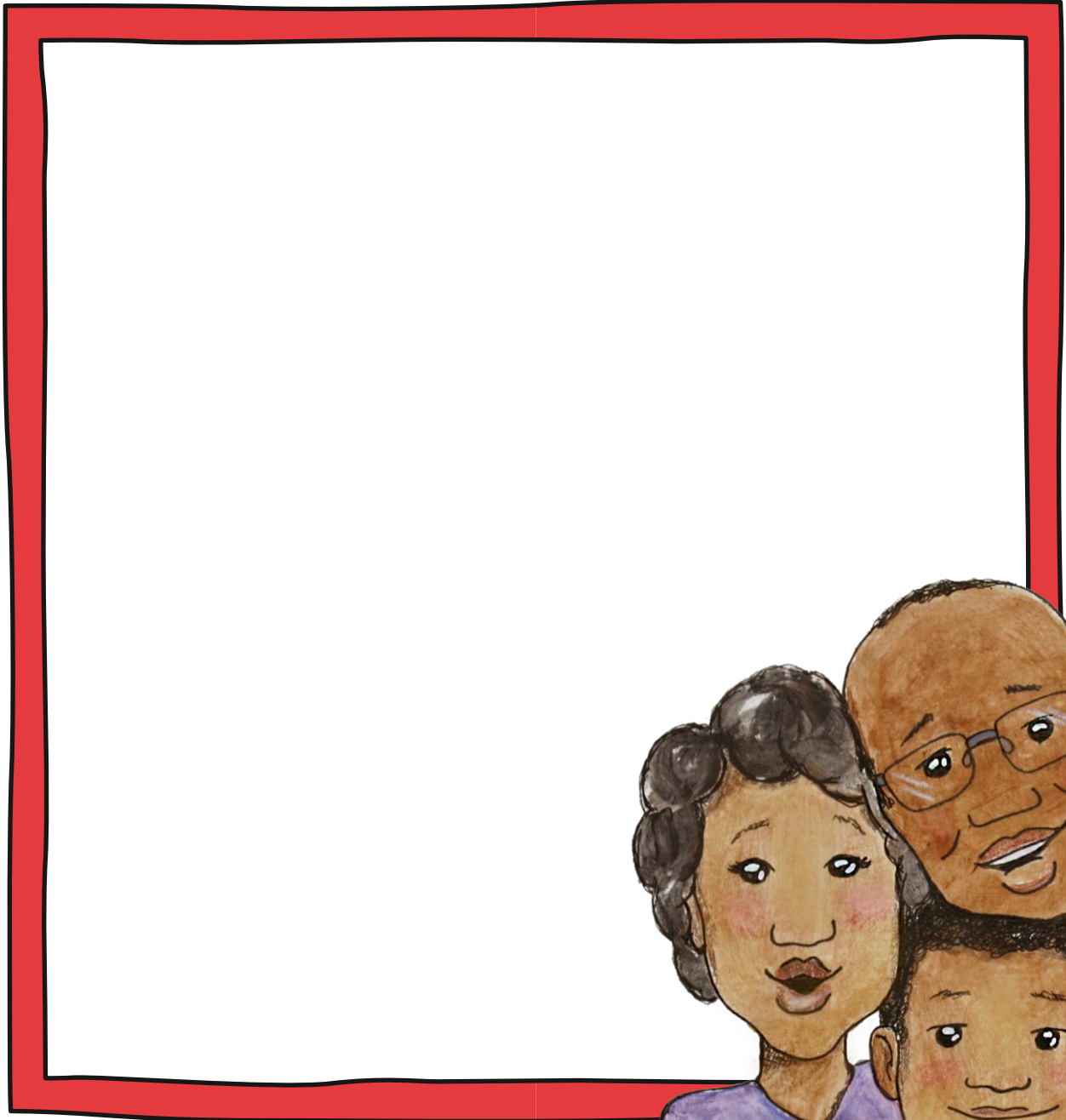


Their names are:

What I know about them:

What I wish I knew about them:

My grandma and
grandpa—my daddy's mom
and dad—love me.



Their names are:

What I know about them:

What I wish I knew about them:

**My aunts, uncles, and
cousins love me.**



My family includes:

Lots of aunts, uncles, and cousins—too many to count!

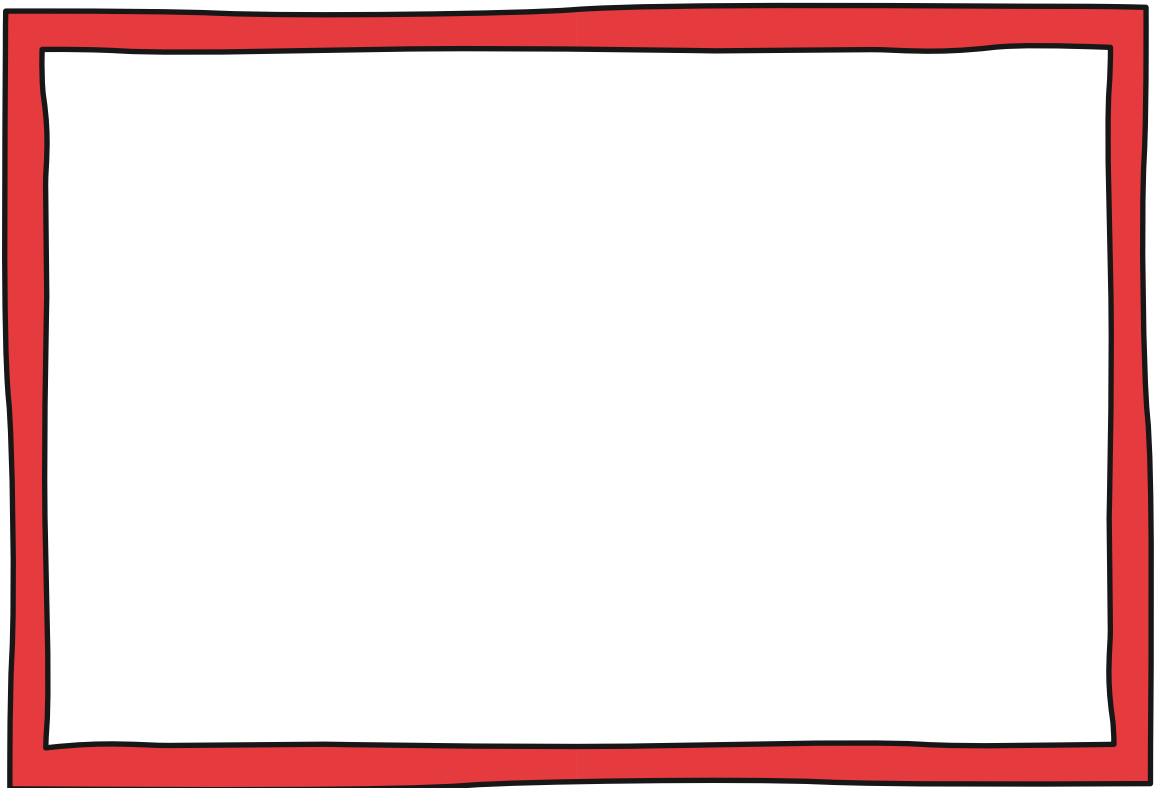
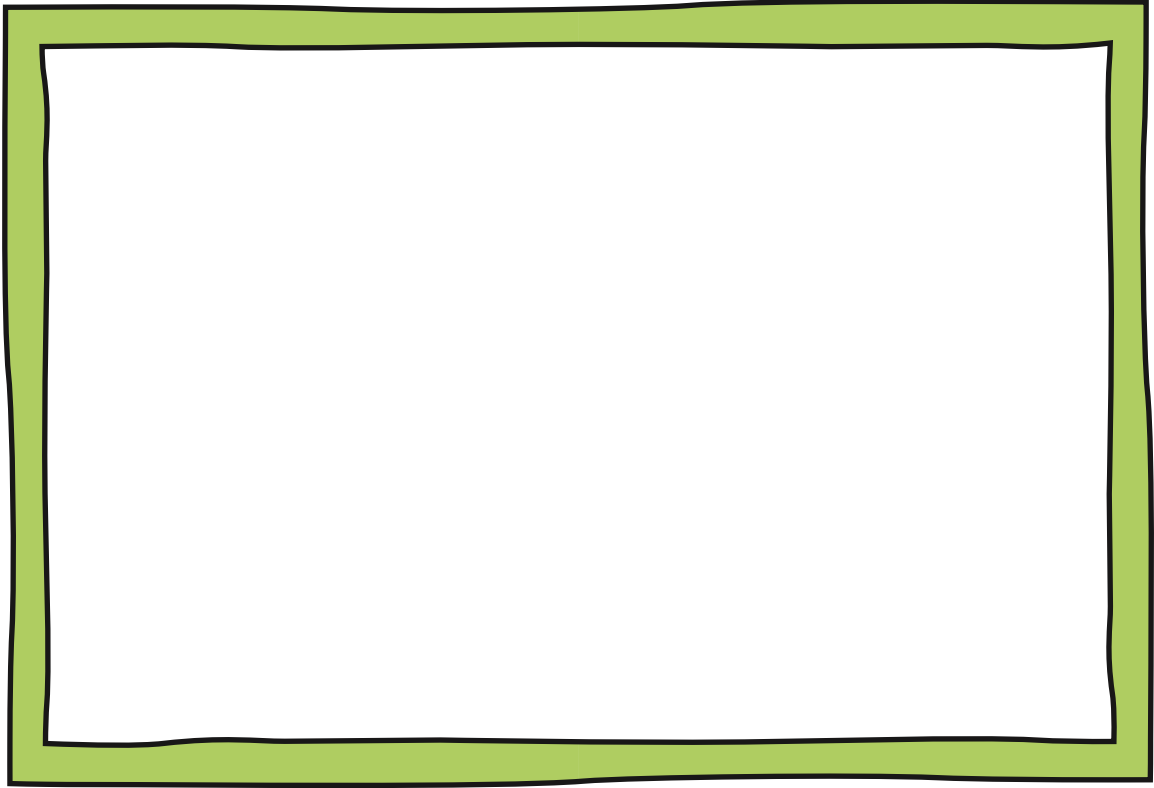
A few special people.

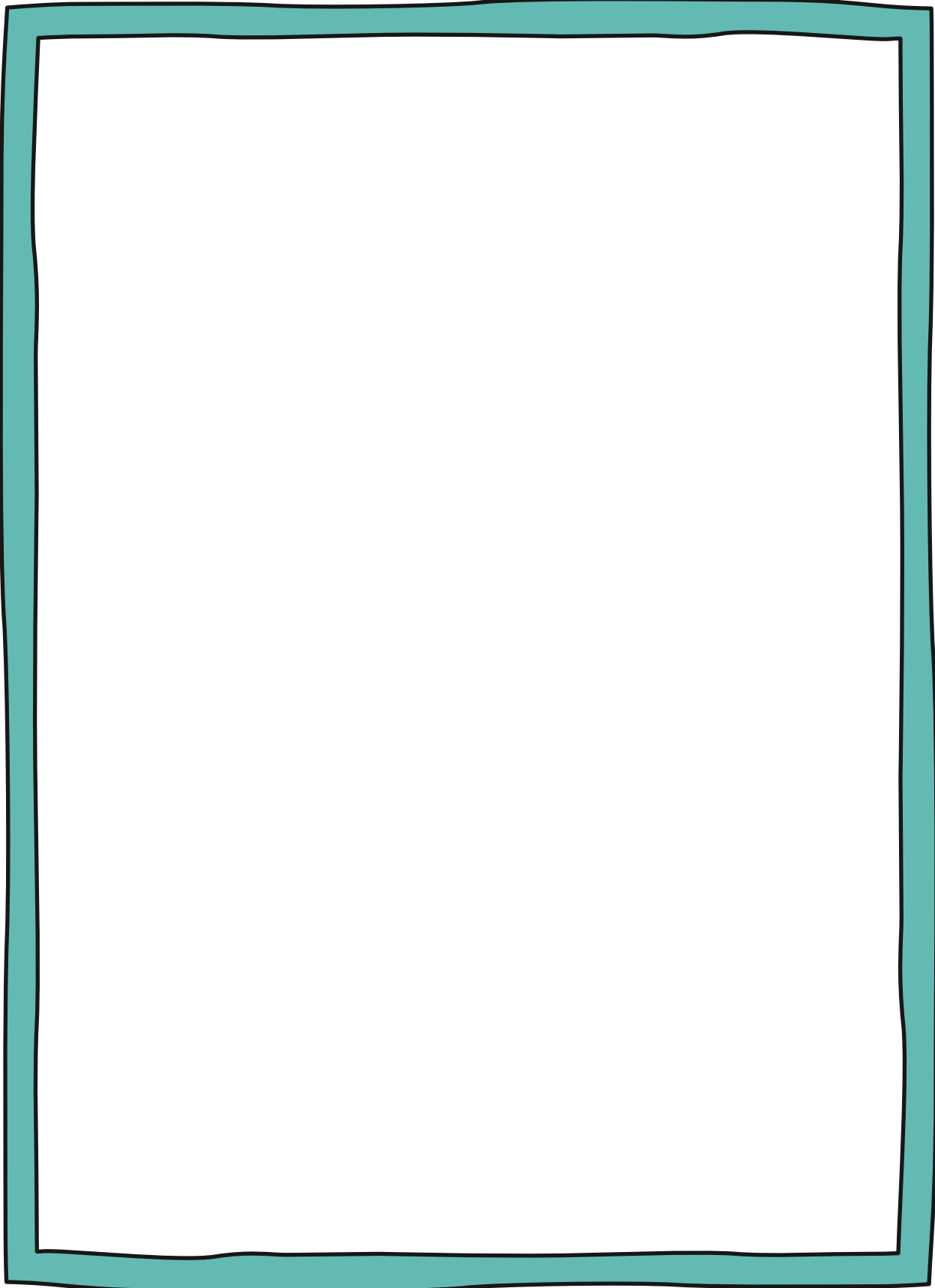
I'm not sure—but I'd like to find out!

Here's who I know:

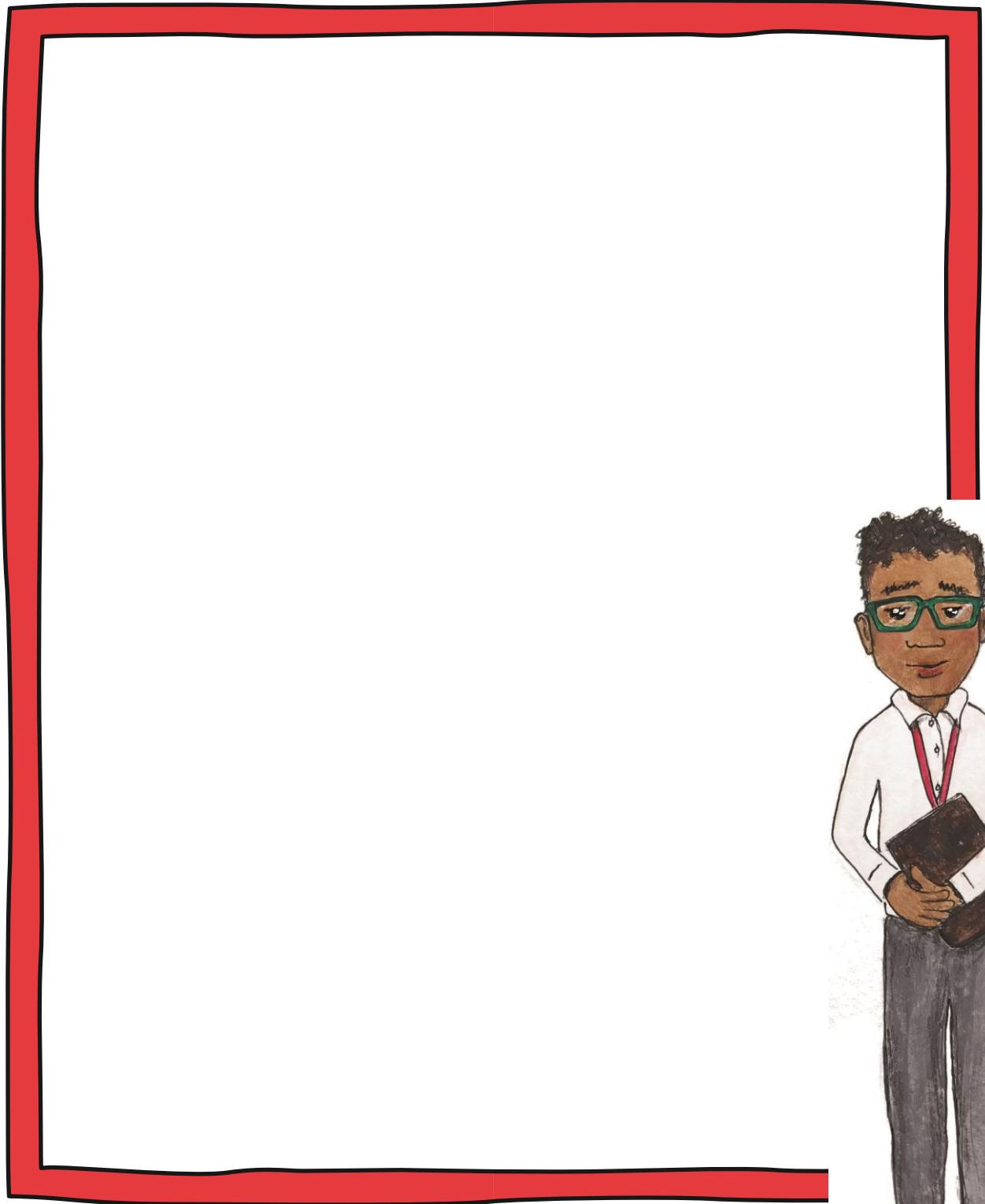
I love them because:

A memory I have with my aunt, uncle, or cousin _____ is:
(name)





My social worker loves me.



My social worker's name is:

He/She works at _____.
(agency name)

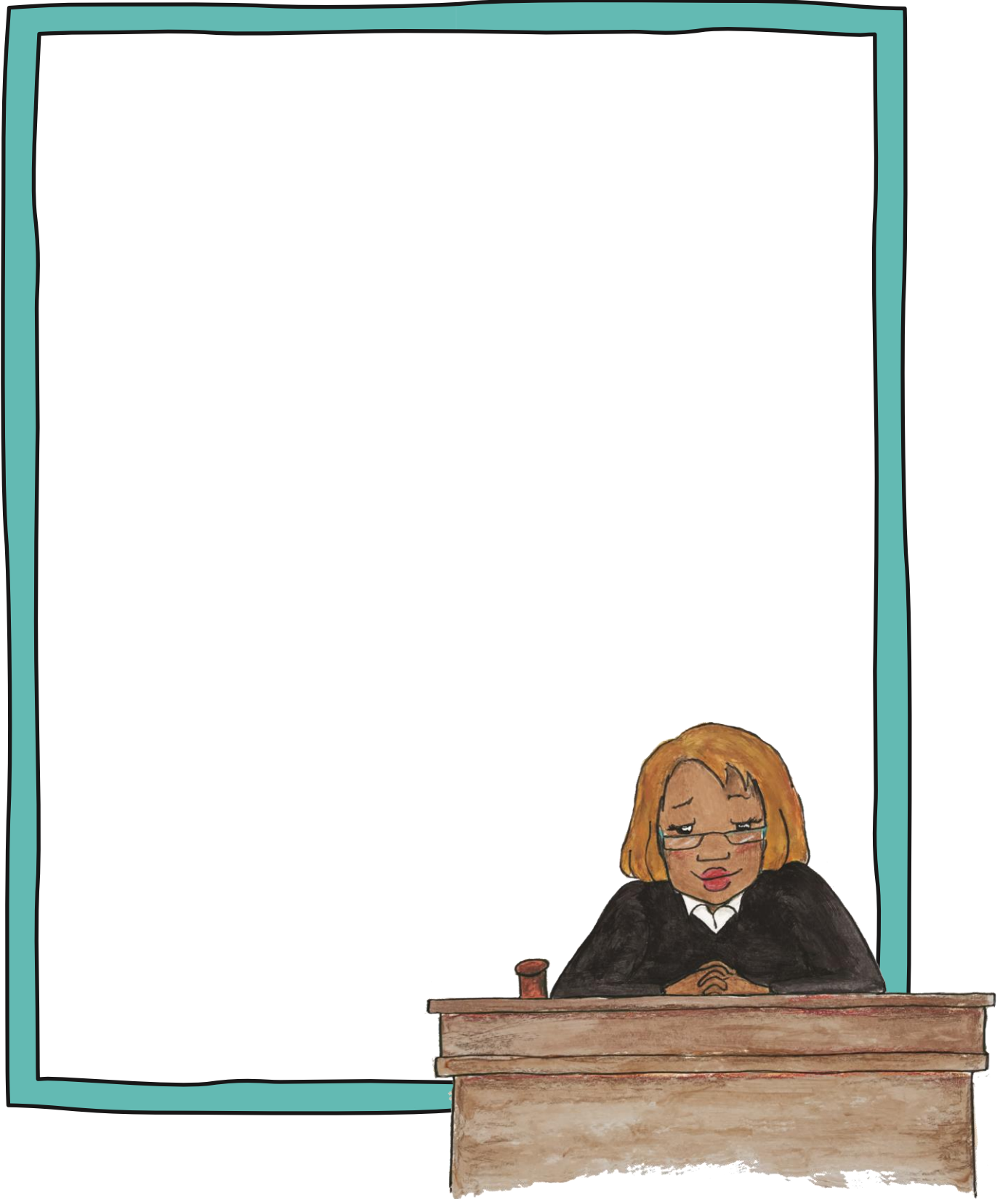
He/She has been my social worker since _____
(date)

to _____.
(date/current)

I am thankful for my social worker because:

I wish that my social worker:

My judge loves me.



My judge's name is:

My judge works at:

If I were the judge, I would:

On court days, I feel:

My community loves me.



And I love my community!

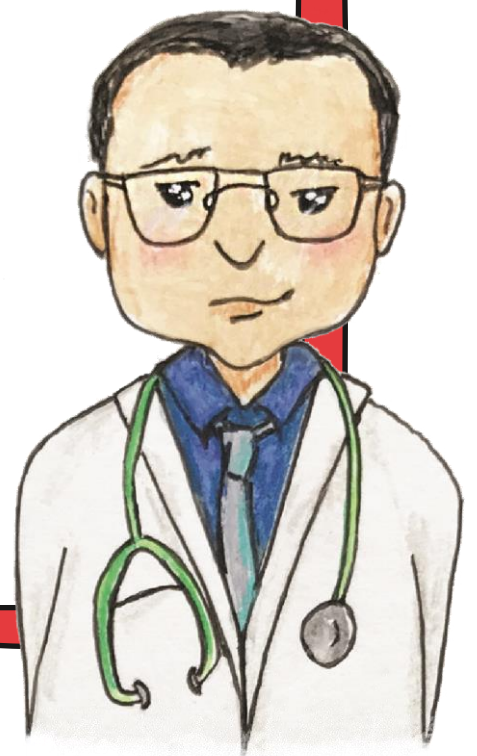
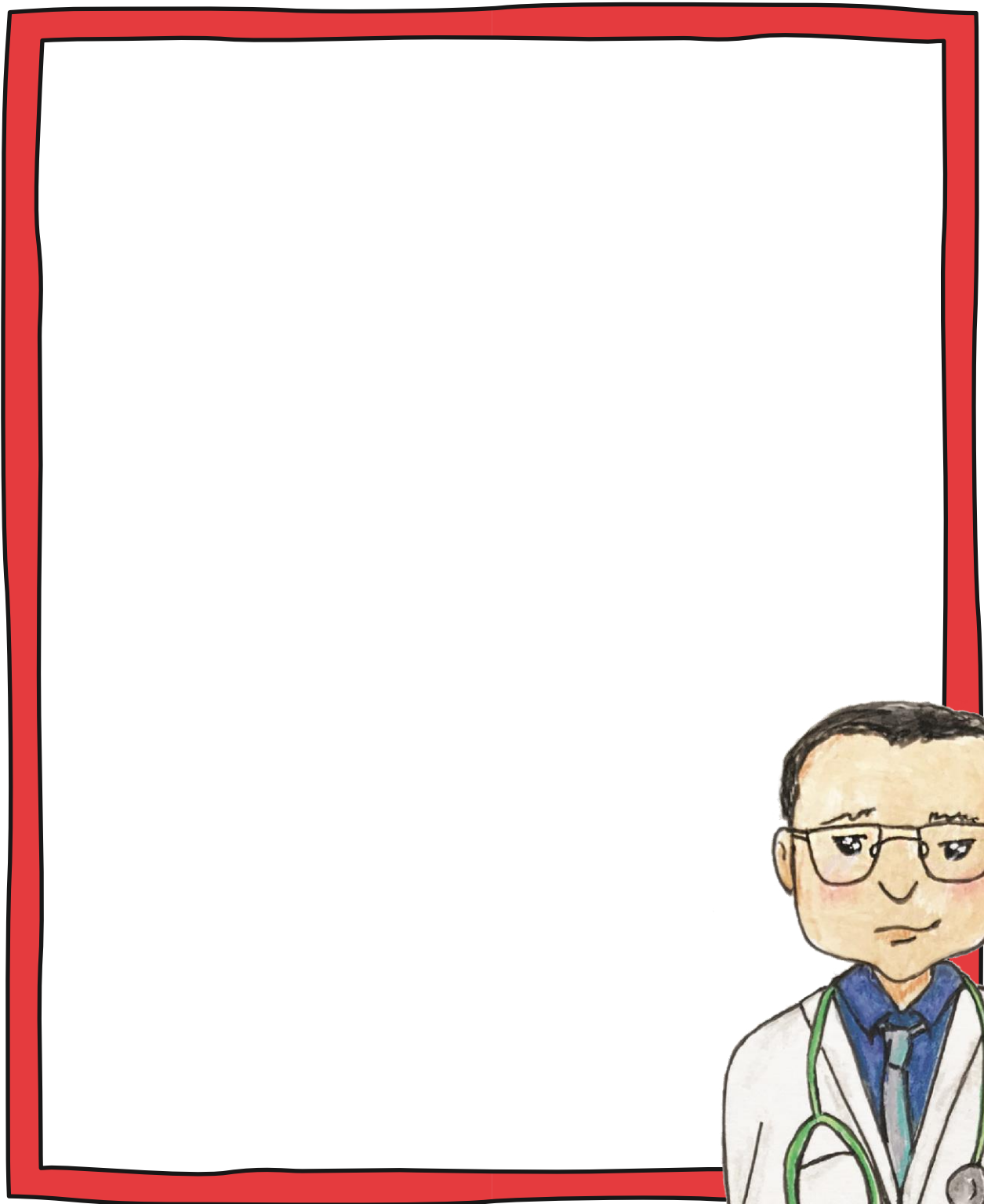
My favorite places to eat are:

My favorite places to shop are:

My favorite things to do are:

My favorite people in my community are:

My doctors love me.



Before I came into foster care, I went to see

Doctor _____.
(name)

My primary doctor now is _____ and
(name)

he/she works at _____.
(place)

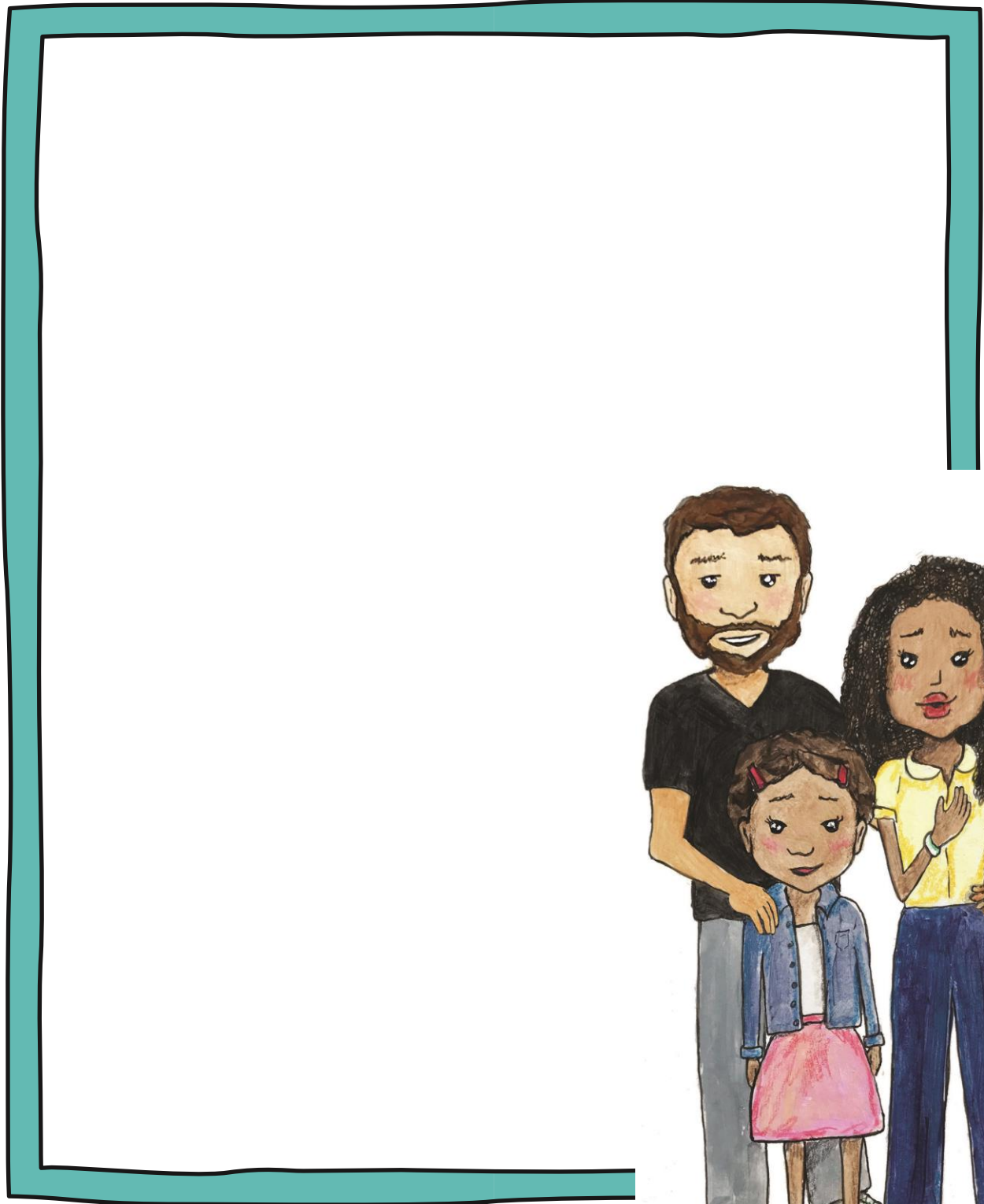
I've also seen these health professionals too!

I know this about the medical history of my mommy and daddy:

I have these allergies:

I've had to have these surgeries (include when):

My foster family loves me.



On _____, I went to live with _____.

(date) (foster family's name)

They live in _____ in _____.
(town) (state)

I was _____ years old when I went to live with my foster family.

When I first arrived, I felt:

I noticed this right away:

I came with:

Just me

My Siblings _____ (names)

My foster family includes:

Names

Mom

Dad

Sisters

Brothers

Grandmas

Grandpas

Aunts

Uncles

Cousins

Others in the
home Pets

The best thing about living here is/was:

Something new I experienced here is/was:



I didn't stay with that foster family forever. I had to move.



On _____, I moved from my foster family's home. (date)

I'm sad that:

I'm glad that:

I'm mad that:

I have a lot of great memories—like that one birthday celebration!

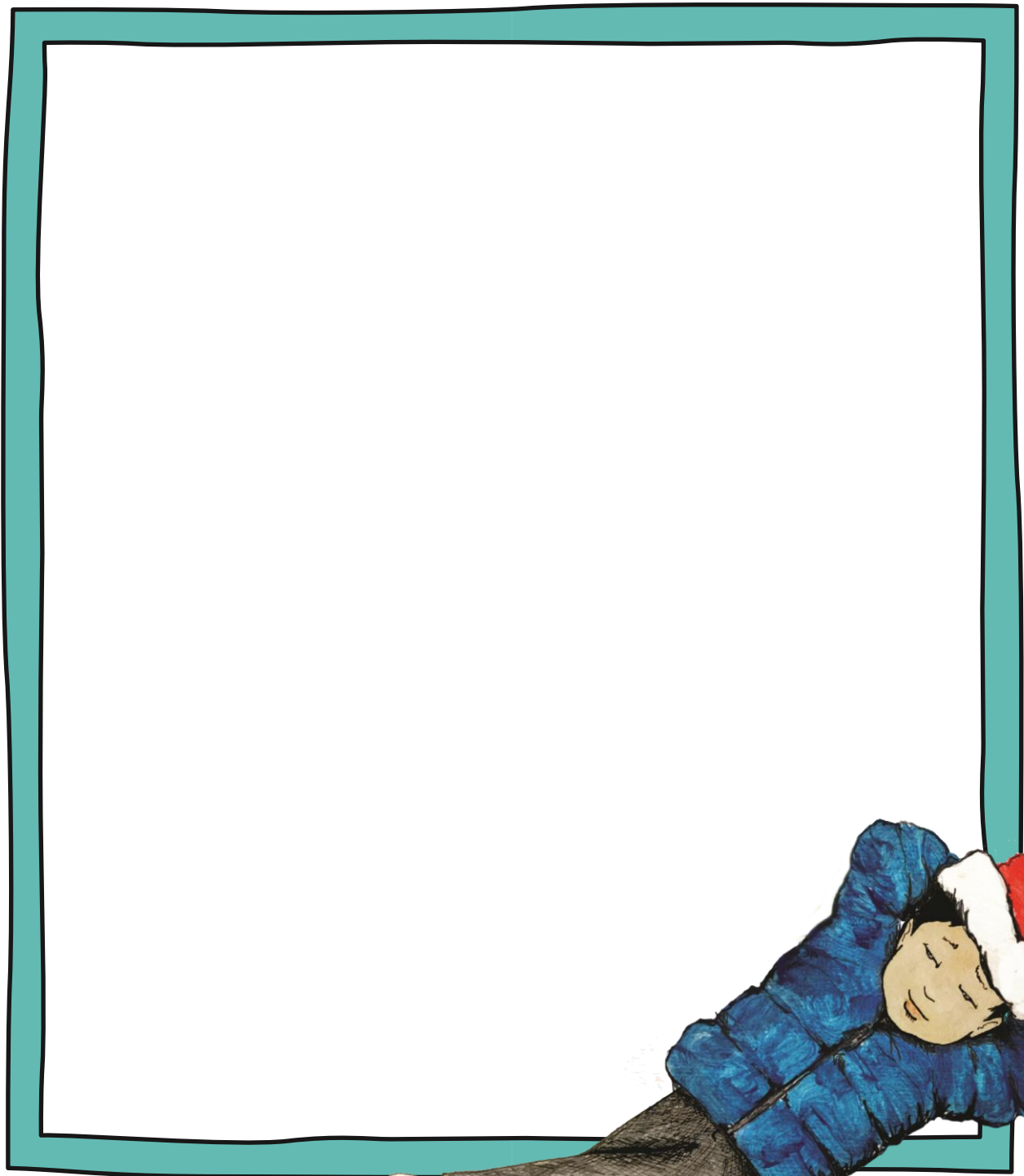


When I was turning _____ years old, I did this for my birthday:

These people were there:

My favorite part of the whole day was:

**I felt loved—especially at this
one special holiday.**



When I was _____ years old, I remember

celebrating _____.

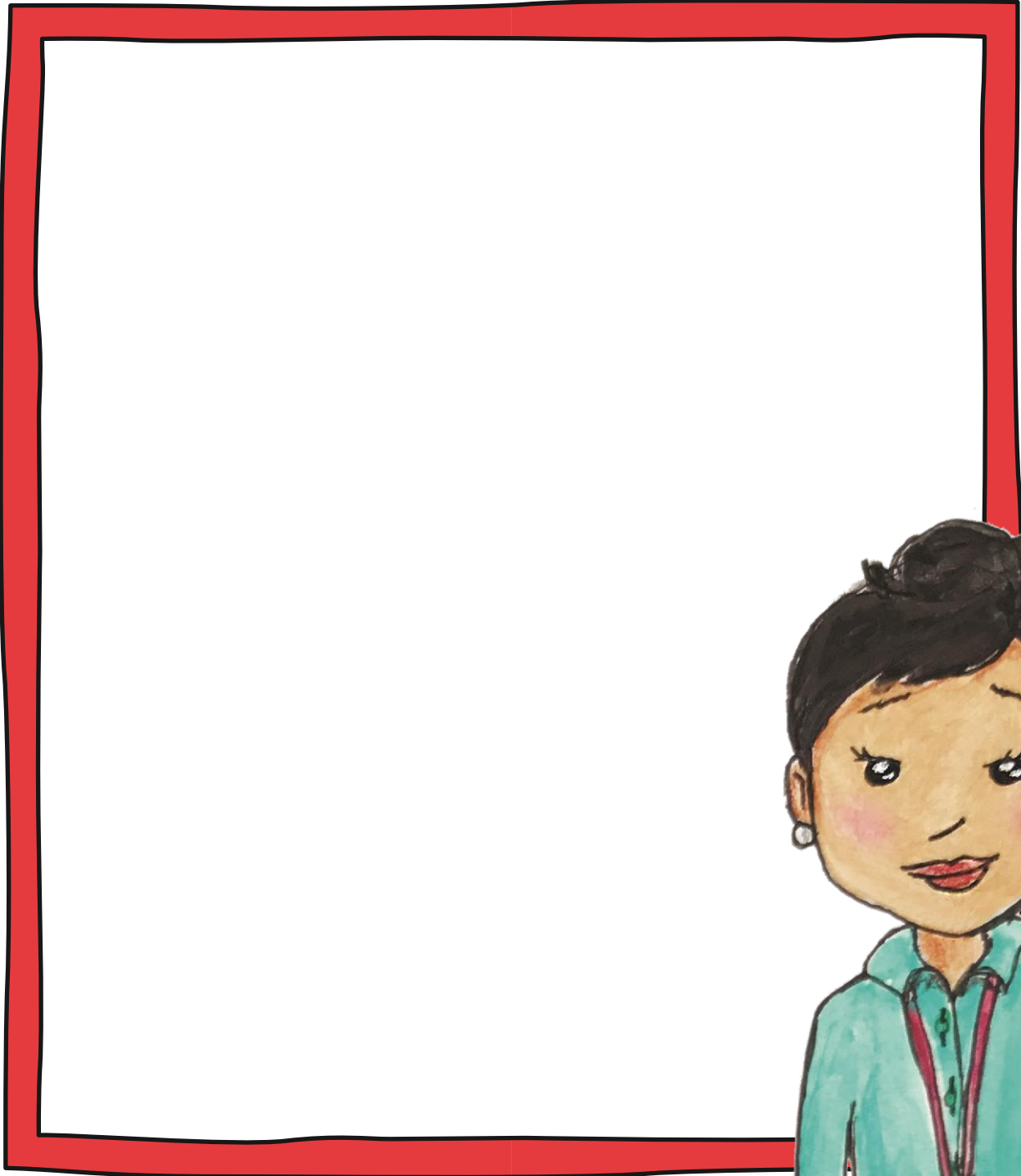
(holiday)

This holiday was special because:

During this holiday, I got to see:

I also remember this about the holiday:

**I met some great people at
school!**



Kindergarten

School: _____

Teacher: _____

Favorite Subject: _____

Best Friend(s): _____

Something New I Learned: _____

1st Grade

School: _____

Teacher: _____

Favorite Subject: _____

2nd Grade

Best Friend(s):

Something New I Learned:

School: _____

Teacher: _____

Favorite Subject: _____

Best Friend(s): _____

Something New I Learned: _____

3rd Grade

School: _____

Teacher: _____

Favorite Subject: _____

4th Grade

Best Friend(s):

Something New I Learned:

School: _____

Teacher: _____

Favorite Subject: _____

Best Friend(s): _____

Something New I Learned: _____

5th Grade

School: _____

Teacher: _____

Favorite Subject: _____

Best Friend(s):

Something New I Learned:

Best Friend(s):

Something New I Learned:

6th Grade

School: _____

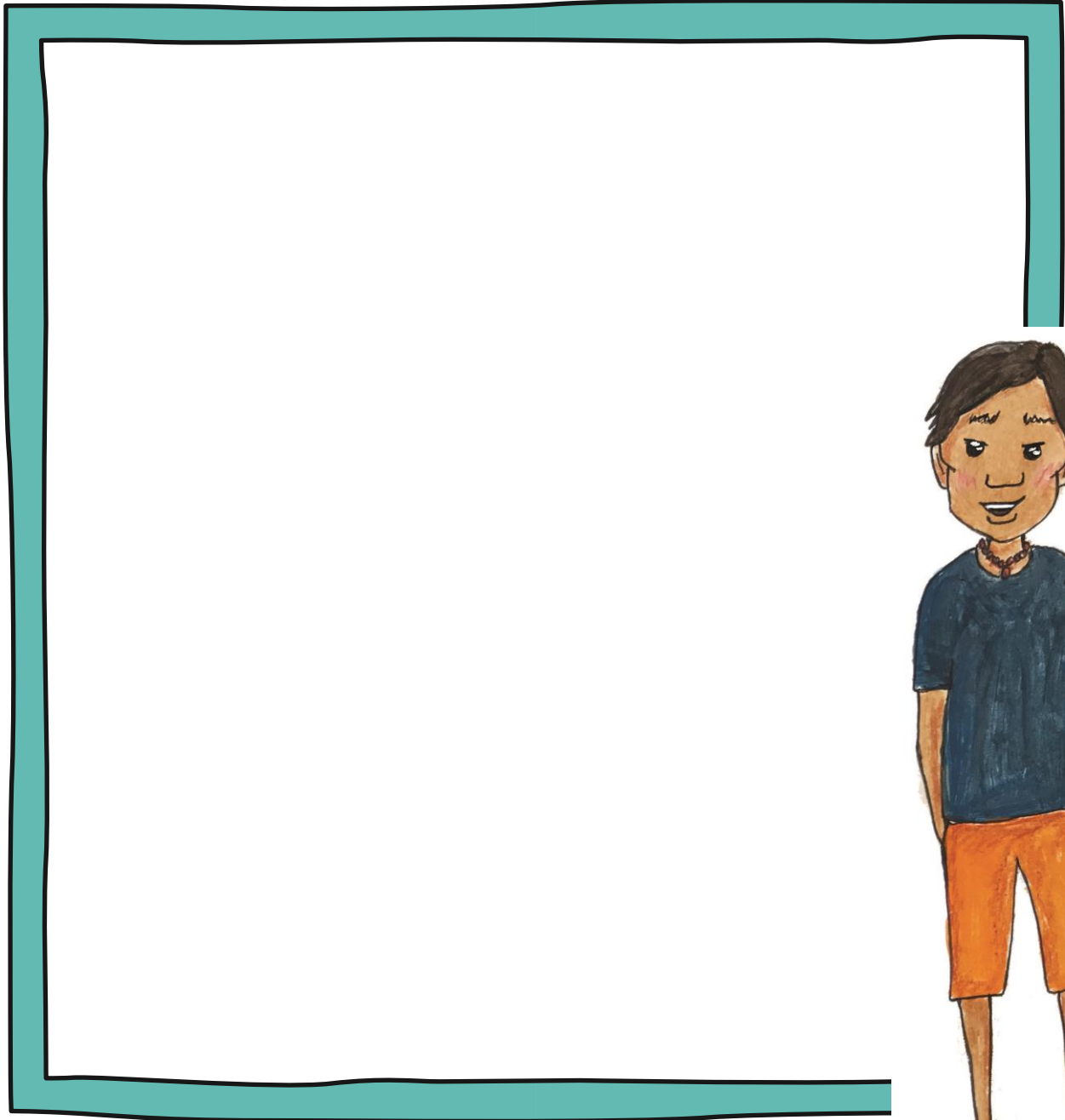
Teacher: _____

Favorite Subject: _____

Best Friend(s): _____

Something New I Learned: _____

There are more people
that I love and they love me
too!

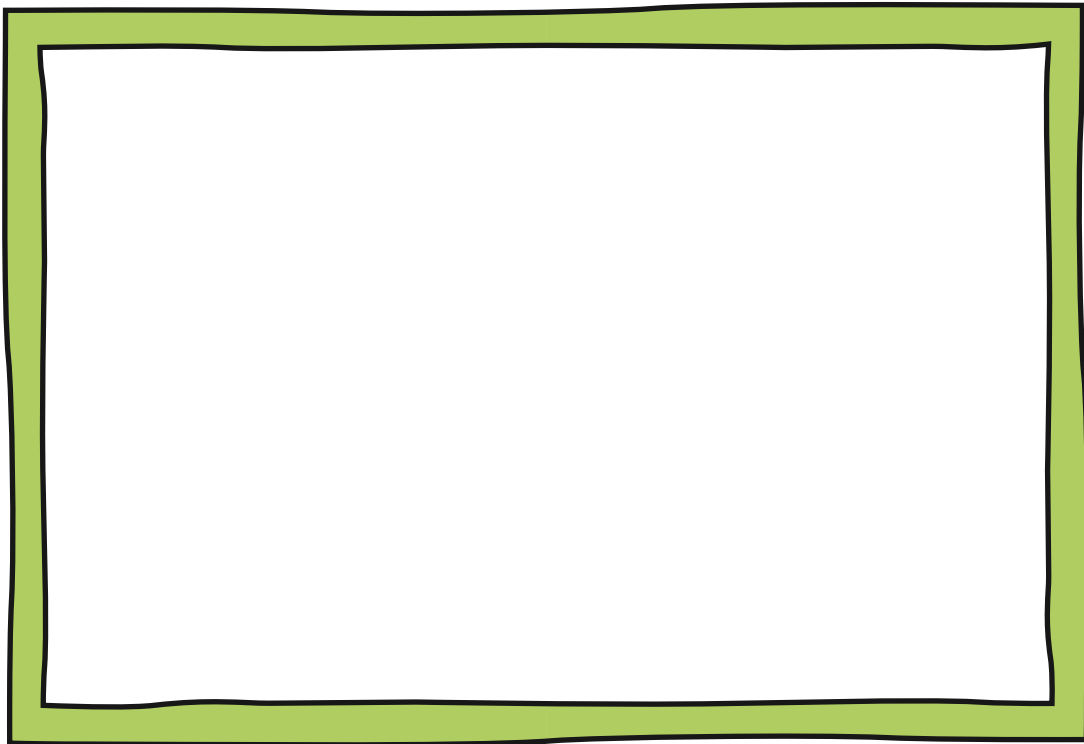


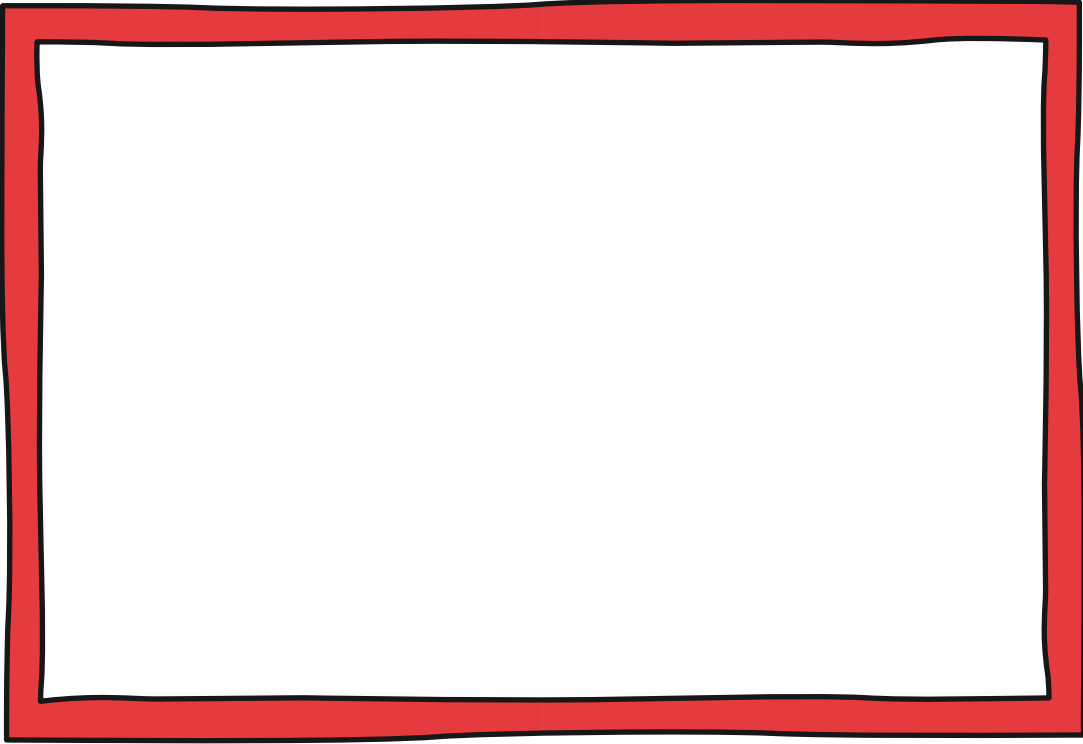
Someone that's special to me is:

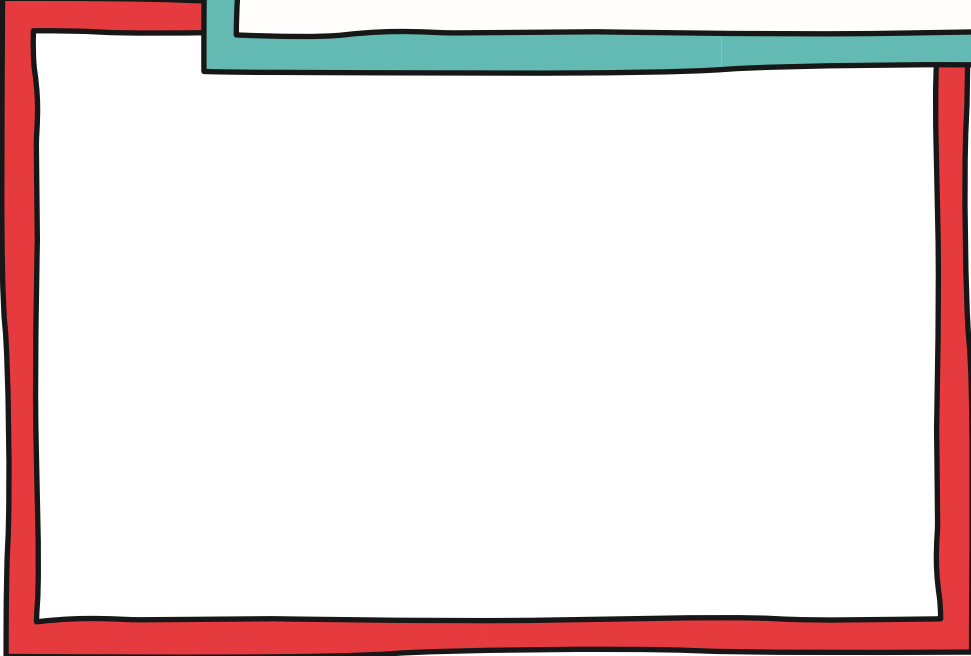
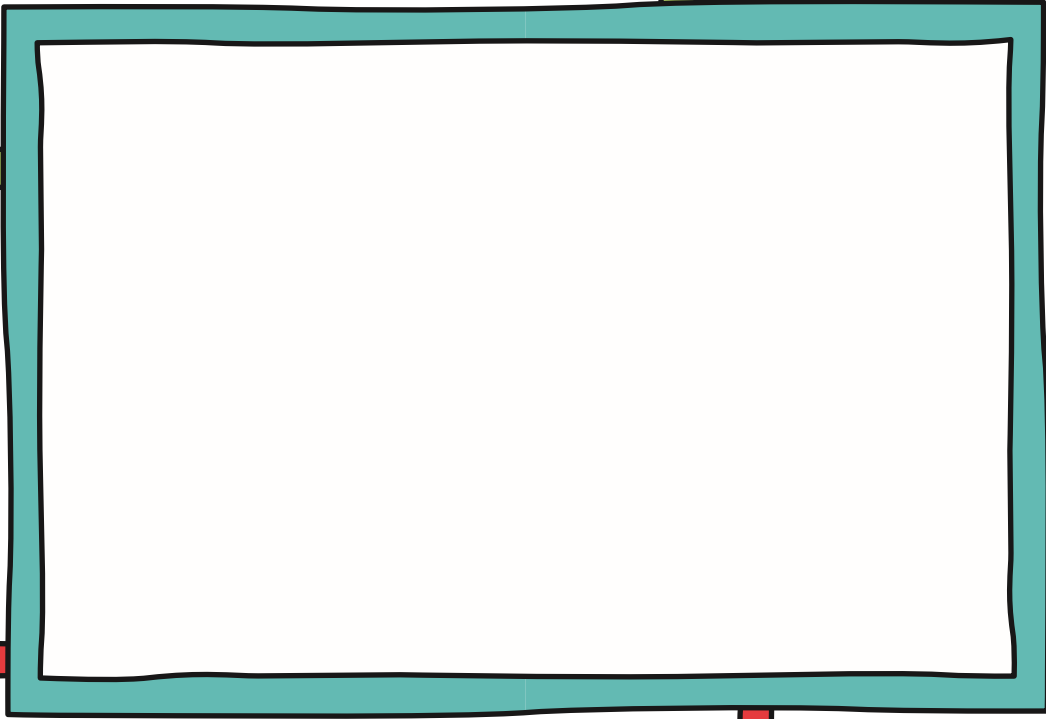
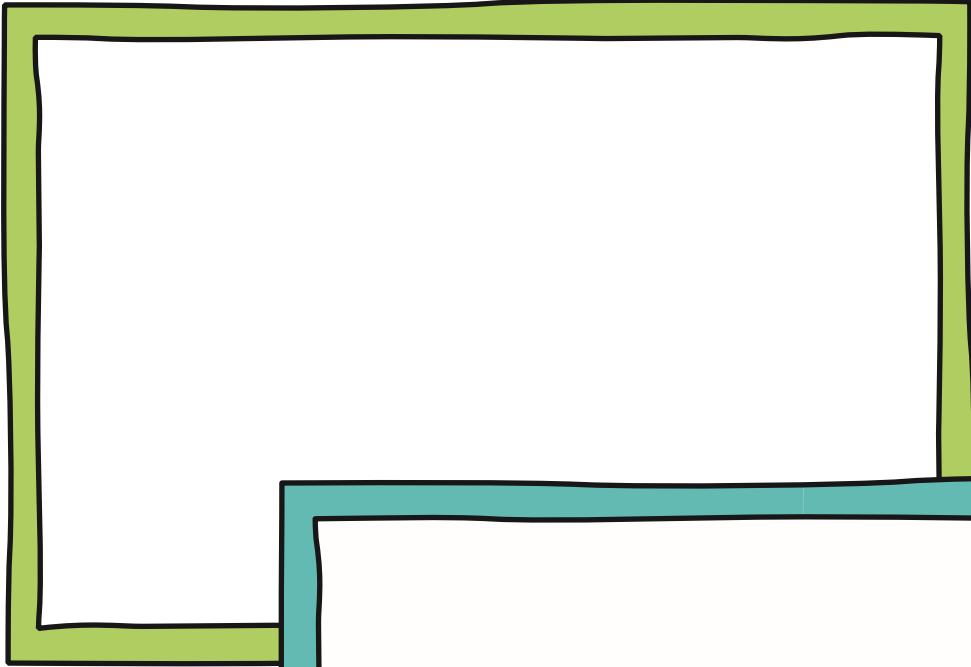
This person is special to me because:

One memory I have with this person is:

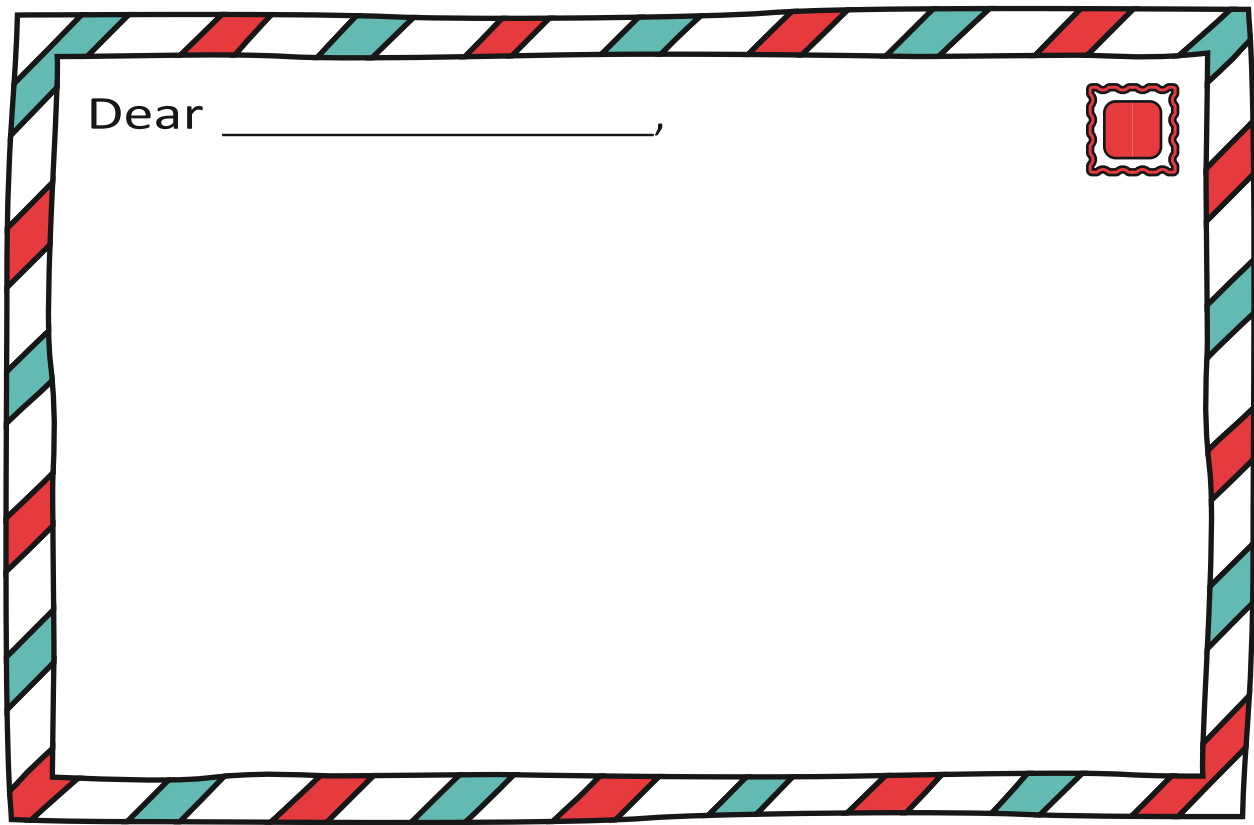
I love these memories!





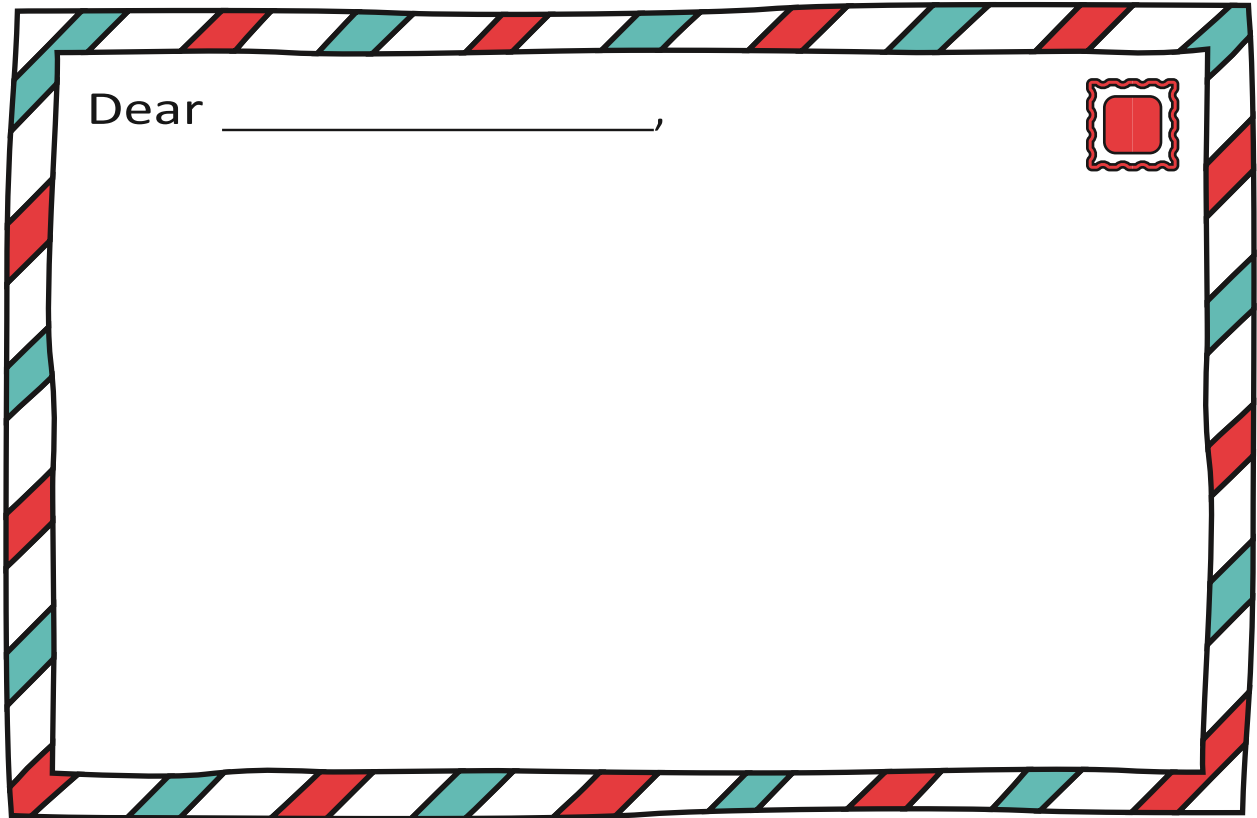


I have more to share!



Dear _____,





Even though we have to say
good-bye, I want you to
know...

You are loved.