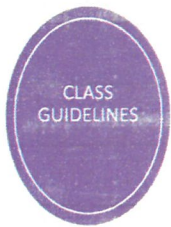


Core For Relative Caregivers



Session 1
Kinship Caregiving: Keeping It In the Family





- Sign in through chat box
- Participate in activities
- Step Forward, Step Back
- Respect each other during discussions
- Respect confidentiality
- Take care of your needs
- Find the handouts and slides at www.acrf.org

Netiquette



- Speak clearly, and aim your voice to your mic
- Step away quietly if you need to
- Keep yourself muted unless speaking
- Make sure your camera is set to show your face so others can see your expressions
- Use the chat box to ask questions, or message one of the hosts for support
- If you are on the phone, you will be encouraged to respond by unmuting.



Training for Resource Families

Oct. 17, Monday-Session 1: Being a Relative Caregiver for OCS

Oct. 24, Monday-Session 2: Trauma Informed Parenting for Relative Caregivers

Nov. 3, Thursday-Session 3: Understanding OCS

Nov. 8, Tuesday-Session 4: The Role of Resource Family

Nov. 10, Thursday-Session 5: Fostering Connections: Family Contact & Transitions



ACRF offers support, information and training to all of Alaska's resource families (foster, adoptive, relative caretakers and guardianship families).

We welcomes families regardless of race, age, sex, marital status, religious beliefs, physical disability, gender identity, or sexual orientation.

POLL



What is your relationship to the child in your home?

- Grandparent, Great grandparent
- Aunt, Uncle, Great Aunt Great Uncle
- Sibling
- Cousin
- Other

Role of OCS Relative Caregivers

- Why Kids Come into Care
 - Abuse
 - Neglect
 - Domestic Violence
 - Substance Abuse
 - Sexual Abuse
 - Mental Illness
- Relatives are Preferred for Placements



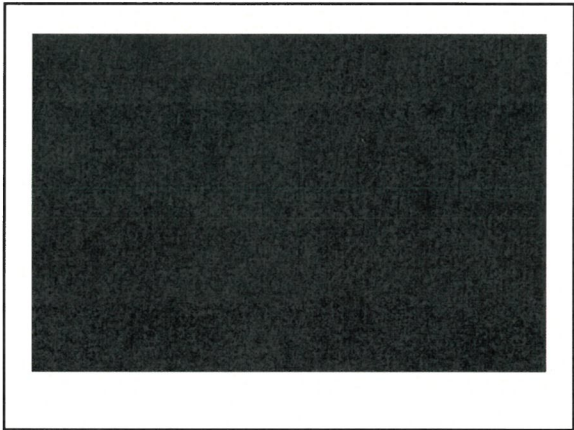
Role of OCS Relative Caregivers

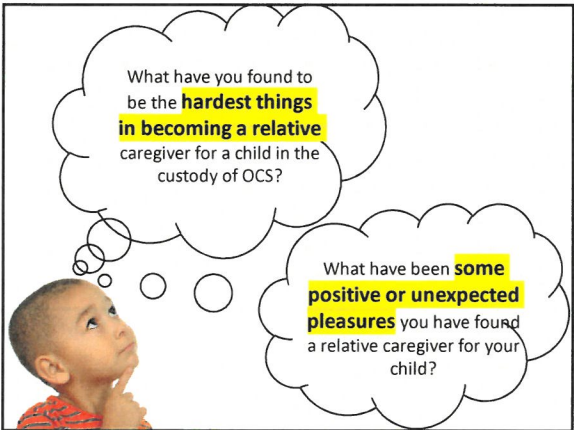


- What's Different for Relatives Working With OCS?
 - Birth Parent Relationship
 - Funding Assistance
- Options of Licensed (Stipend, Clothing allowance, Special Needs Hotline) vs. Unlicensed (ERS, ATAP, NFAP)

Shifting Gears: From Kin to Caregiver







Shifting Gears

From Spoiling to Parenting	Alterations in Finances and Work
Loss of Freedom & Routine	Multiple Losses and Layers of Grief
Changing Relationships	An Avalanche of Emotions

Boundaries with Relatives



CHAT BOX

Have you had any tough situations with your relative or the parents of the child in your home?
Do you anticipate any situations that make you nervous or fearful?

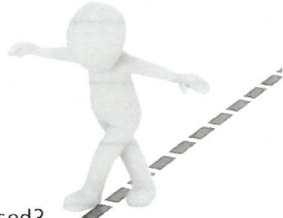
bound·a·ry

/'bound(ə)rē/ noun

plural noun: **boundaries**

- A rule of conduct between two parties that is understood by both.
- A line that marks the limits of an area; a dividing line

Why are boundaries hard to set?



How do the lines get crossed?

From The Start

- Have a copy of the Family Contact Plan
- Set new rules in simple clear words in writing
- Work to use positive communication
- Be prepared to enforce boundaries
- Pull in the caseworker to assist when needed
- Take responsibility for yourself





Your relative is wanting visits outside of the current family contact plan. She is showing up at your home unannounced and asking to take the children out. She calls late at night and wants to talk to the children who are in already in bed sleeping.



You have an extended family member who insists on badmouthing the parent of the child in your home in front of that child.



OCS asks you to supervise visits between your child and her mother but you do not want to do that because you are afraid of your relative's boyfriend who you think might show up at the visits.



VOA Alaska Kinship Family Program: <https://voaak.org/services/kinship-family-program/>

Handouts For Core Sessions: <https://www.acrf.org/supports/core-resources>

Alaska Temporary Assistance Program (ATAP):
<http://dhss.alaska.gov/dpa/Pages/atap/default.aspx>

Native Family Assistance Program (NFAP):
<http://dpaweb.hss.state.ak.us/main/manual/nfap/NFAPguide.pdf>

OCS Special Needs Hotline: 1-855-603-8637 or hss.ocsservicearray@alaska.gov

OCS Childcare Assistance: Call 907-465-5648 or 1-844-465-5648 or email ocschildcare@alaska.gov.
